

MANITOBA WEIGHTLIFTING ASSOCIATION RANKINGS - UPDATED November 29, 2023

Rank	Last Name	First Name	Cat.	B.W.	Team	Total	Sinclair	Date	Competition
1	Kirkup	Jack	M 89	88.90	SWS	266	321.710	25-Nov-2023	Westerns 2023 - Wpg
2	Louttit	Zackary	M 73	72.20	SWS	235	318.938	23-Oct-2022	Spooky Lift-Tacular 2022
3	Rodriguez	Nigel	M 102	100.60	Dakota	270	308.883	25-Nov-2023	Westerns 2023 - Wpg
4	McKay	Shane	M 89	83.80	UNA	243	302.832	23-Oct-2022	Spooky Lift-Tacular 2022
5	Robinson	Ian	M 89	85.30	UNA	245	302.520	25-Feb-2023	La Coupe 2023
6	Elsom	Sam	M 81	80.30	Dakota	236	300.951	25-Feb-2023	La Coupe 2023
7	Amuro	Aleck	M 73	72.10	UNA	221	300.196	25-Feb-2023	La Coupe 2023
8	Bottomley	Justin	M 89	87.30	Dakota	238	290.441	23-Oct-2022	Spooky Lift-Tacular 2022
9	Howell	Tommy	M 102	101.75	UNA	246	280.126	15-Oct-2023	Chalk n' Awe 2023 - SK
10	Leiva	Braulio	M 89	88.80	Athlitis	231	279.534	25-Feb-2023	La Coupe 2023
11	Cumpsty	Ryan	M 89	84.10	UNA	221	274.899	23-Oct-2022	Spooky Lift-Tacular 2022
12	Law	Victor	M 89	84.60	UNA	215	266.610	25-Feb-2023	La Coupe 2023
13	Dacanay	Mark	M 81	79.20	Athlitis	206	264.720	25-Feb-2023	La Coupe 2023
14	Rohne	Peter	M 73	71.70	Hercules	189	257.618	23-Oct-2022	Spooky Lift-Tacular 2022
15	Liwang	Justin	M 81	79.10	NXT LVL	195	250.763	25-Feb-2023	La Coupe 2023
16	Laleune	Joe	M 81	80.40	Dakota	196	249.771	23-Oct-2022	Spooky Lift-Tacular 2022
17	Gilbert	Craig	M >109	117.80	Dakota	230	248.531	25-Feb-2023	La Coupe 2023
18	Feenstra	Brent	M 102	99.40	UNA	215	247.189	25-Feb-2023	La Coupe 2023
19	Salo	Joran	M 81	80.20	Hercules	193	246.287	25-Feb-2023	La Coupe 2023
20	Enns	Levi	M 67	65.70	UNA	170	245.286	25-Feb-2023	La Coupe 2023
21	Kornelson	Jayms	M 67	66.50	UNA	171	244.722	25-Nov-2023	Westerns 2023 - Wpg
22	Alabi	Eniola	M >109	117.60	Hercules	215	232.446	25-Feb-2023	La Coupe 2023
23	Cadag	Philip	M 81	77.65	Hercules	178	231.318	25-Nov-2023	Westerns 2023 - Wpg
24	Beer	Parker	M 89	85.90	Hercules	188	231.306	25-Oct-2023	Westerns 2023 - Wpg
25	Higham	Mike	M 102	99.60	Dakota	200	229.750	23-Oct-2022	Spooky Lift-Tacular 2022
26	Chorney	Cameron	M 102	99.10	UNA	199	229.084	25-Feb-2023	La Coupe 2023
27	Sampson	Brennan	M 67	65.10	UNA	156	226.497	25-Feb-2023	La Coupe 2023
28	Lam	Winson	M 89	85.45	Hercules	177	218.358	15-Oct-2023	Chalk n' Awe 2023 - SK
29	Pachal	Tom	M 89	85.10	UNA	170	210.166	25-Nov-2023	Westerns 2023 - Wpg
30	Gordon	Keith	M 89	84.00	UNA	145	180.476	23-Oct-2022	Spooky Lift-Tacular 2022
31	Chartrand	Emmett	M 55	52.70	SWS	48	81.669	25-Feb-2023	La Coupe 2023

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1	Skelton	Rienna	F 64	63.40	SWS	176	230.151	25-Feb-2023	La Coupe 2023
2	Robinson	Andrea	F 64	63.20	UNA	159	208.319	23-Oct-2022	Spooky Lift-Tacular 2022
3	Parker	Kelly	F 55	53.90	Athlitis	139	202.358	23-Oct-2022	Spooky Lift-Tacular 2022
4	Pfund	Anastasia	F 87	81.20	Norak	176	202.311	25-Nov-2023	Westerns 2023 - Wpg
5	Piel-Glade	Linsey	F 81	79.25	Norak	161	187.081	25-Nov-2023	Westerns 2023 - Wpg
6	Gratton	Victoria	F 76	71.95	UNA	153	186.335	25-Nov-2023	Westerns 2023 - Wpg
7	Fisher	Kristy	F 64	62.00	EHBC	140	184.862	30-Sep-2023	Valhalla Open 2023 - AB
8	Putnam	Kira	F 71	70.70	UNA	148	181.912	25-Feb-2023	La Coupe 2023
9	Waller	Aurora Dawny	F 55	54.00	Dakota	120	174.466	25-Nov-2023	Westerns 2023 - Wpg
10	Demeule	April	F 64	62.20	Athlitis	129	170.675	25-Nov-2023	Westerns 2023 - Wpg
11	Green	Jana	F 81	78.50	UNA	133	155.217	23-Oct-2022	Spooky Lift-Tacular 2022
12	Petrea	Diana	F 59	57.60	Athlitis	107	149.055	3-Jun-2023	Jr. Nationals 2023
13	Hong	Nhu	F 49	48.10	UNA	93	147.551	23-Oct-2022	Spooky Lift-Tacular 2022
14	McIntosh	Sadie	F 71	70.40	UNA	119	146.599	23-Oct-2022	Spooky Lift-Tacular 2022
15	Alexander	Claire	F >87	103.40	Norak	135	142.463	25-Feb-2023	La Coupe 2023
16	Hodnett	Michelle	F 71	65.90	UNA	107	136.752	23-Oct-2022	Spooky Lift-Tacular 2022
17	McIntosh	Erica	F 76	73.50	UNA	112	134.922	23-Oct-2022	Spooky Lift-Tacular 2022
18	Poettcker	Denise	F 81	76.70	Dakota	114	134.494	23-Oct-2022	Spooky Lift-Tacular 2022
19	Camelo	Ana	F 59	57.10	UNA	95	132.854	25-Feb-2023	La Coupe 2023
20	Reimer	Teahna	F 64	59.60	UNA	97	131.854	25-Feb-2023	La Coupe 2023
21	Wheeler	Tyna	F >87	118.30	UNA	127	130.018	23-Oct-2022	Spooky Lift-Tacular 2022
22	Martens	Dauna-Lee	F >87	132.30	Dakota	128	128.992	23-Oct-2022	Spooky Lift-Tacular 2022
23	Boudy	Deborah	F 87	85.50	UNA	112	125.991	25-Feb-2023	La Coupe 2023
24	Goertzen	Jane	F 55	54.20	UNA	82	118.904	23-Oct-2022	Spooky Lift-Tacular 2022
25	Lu	Elizabeth	F 71	68.30	UNA	94	117.725	25-Feb-2023	La Coupe 2023
26	Giddings	Kelly	F >87	87.70	UNA	104	115.831	23-Oct-2022	Spooky Lift-Tacular 2022
27	Alvarez	Karen	F 55	49.40	Athlitis	74	114.973	23-Oct-2022	Spooky Lift-Tacular 2022
28	Shields	Jennifer	F 71	66.40	EHBC	85	108.162	25-Feb-2023	La Coupe 2023
29	Geisbrecht	Danika	F >87	111.50	Hercules	103	106.700	25-Feb-2023	La Coupe 2023
30	Bjarnarson	Sveinna	F 64	60.80	SWS	68	91.260	25-Feb-2023	La Coupe 2023
31	Czaenecki	Annalynn	W 76	72.00	Hercules	67	81.598	15-Oct-2023	Chalk n' Awe 2023 - SK

Provincial Ranking List Policy

Separate female and male overall ranking lists are updated after the following events:
Manitoba Open, Junior and Senior Provincials, Junior Nationals, La Coupe Du Voyageur, Western Canadian Championship, and Senior Nationals

In the event that an athlete posts a total at a different competition than the ones listed above; it is the athlete's responsibility to inform the MWA office if they would like that total be posted on the ranking list.

Athletes will be ranked from highest to lowest based on Sinclair (using actual bodyweight)

For the total to be posted on the ranking list an athlete must be a member in good standing and the total must have been posted while an MWA member in good standing.

Highest result from the past 12 months will be used.

To remain on the list an athlete must have posted a total within the past 12 months as of the date when the list was last updated.

In the event of a tie on the ranking list the athletes will be co-ranked on the list.