

# **2024 La Coupe du Voyageur: 2024-02-17**

Sanctioned by Manitoba Weightlifting Association (MWA), Hosted by Hercules Weightlifting Club

**\*\*Deadline to Register: 2024-02-04\*\***

**Date:** Saturday, February 17, 2024, Start Times To Be Determined By # of Entries  
**Location:** Winakwa Community Centre: 980 Winakwa Rd, Winnipeg, MB R2J 1E7  
**Entry Fee:** Manitoba Weightlifting Association: Membership **\*\*No Late Entries Accepted**  
**# Of Lifters:** 48 Lifters Accepted, Maximum Of 12 Male/Female Lifters Per Session. Four Sessions Only  
**Eligibility:** Open to Lifters registered and in good standing with the Manitoba Weightlifting Association. \*All WCH coaches must be RIS certified to participate \*  
**Events:** Schedule to be determined based upon entries. The start list & session times will be e-mailed to coaches before competition & posted on the MWA website by 2024/02/16  
**Organizer/Director:** Hercules WL Club, Contact Sean Mazur. If you have a question e-mail to sean.mazur@me.com  
**Sanction:** Manitoba Weightlifting Association (MWA) Committee  
**e-mail Form to:** [seanmazur1@gmail.com](mailto:seanmazur1@gmail.com)  
**Fee/Payment Instruction:** **\$75.00 Senior, Master & Junior athletes. Payable to [seanmazur1@gmail.com](mailto:seanmazur1@gmail.com)**  
**Competition Venue:** Winakwa Community Centre: 980 Winakwa Rd, Winnipeg, MB  
**Weigh-in :** Winakwa Community Centre: 980 Winakwa Rd.  
**Change Rooms:** Winakwa Community Centre, Main Level, male/female  
**Doping Control Station:** Winakwa Community Centre, Main Level, male/female

**Competition Rules And Regulations** The most recent IWF – Rule Book will govern the competition. All Athletes, Coaches, and officials participating in the 2024 La Coupe Du Voyageur must be accredited. In order to be accredited, all individuals must be registered and in good standing with the Manitoba Weightlifting Association.

**Weigh –In :** All weigh-ins will take place at the Winakwa Community Centre.

**\*\*Entry Forms Must be legible or will not be accepted\*\***

Name: \_\_\_\_\_ E-mail \_\_\_\_\_

Club: \_\_\_\_\_ Coach \_\_\_\_\_ City/Province: \_\_\_\_\_

Gender: Male: \_\_\_\_\_ Female: \_\_\_\_\_ Year Of Birth : \_\_\_\_\_ Weight Class: \_\_\_\_\_ KG Best Total: \_\_\_\_\_

Coach's Email Address: \_\_\_\_\_

## **WAIVER AND RELEASE OF LIABILITY**

In consideration of entering and participating in the 2024 La Coupe Du Voyageur hosted by Hercules Weightlifting Club and the Manitoba Weightlifting Association (the "Organizers"), and any and all activities related to the Competition, the undersigned acknowledges and agrees that:

- The risk of injury from the activities involved in the Competition is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, coaching and personal discipline may reduce this risk, the risk of serious injury exists. My participation in this activity is purely voluntary and I elect to participate in spite of the risks. If I require medical assistance, I acknowledge that the expenses for such medical assistance shall be at my own expense or the expense of my personal insurer(s). I UNDERSTAND AND AGREE THAT THE ORGANIZERS WILL NOT PAY FOR ANY COST OR EXPENSE INCURRED BY ME IF I AM INJURED.
- I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and I assume full responsibility for my participation. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such hazard immediately to the attention of the hosting club, the Manitoba Weightlifting Association and/or its officials immediately.
- I, FOR MYSELF AND ON BEHALF OF MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES AND NEXT OF KIN, HEREBY RELEASE AND HOLD HARMLESS THE ORGANIZERS, INCLUDING THEIR RESPECTIVE OFFICERS, DIRECTORS, OFFICIALS, AGENTS AND/OR EMPLOYEES, OTHER PARTICIPANTS, SPONSORING AGENCIES, ADVERTISERS, AND, IF APPLICABLE, OWNERS AND LESSORS OF PREMISES USED TO HOST TRAINING OR CONDUCT THE EVENT ("RELEASEES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

I further grant the Organizers the right without reservation or limitation, to photograph, videotape, and/or record me (and/or my child(ren)) and to use my (and/or my child(ren)'s) name, face, likeness, voice and appearance in connection with publicity, advertising and promotional materials.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Under 18, Signature of Parent/ Guardian

Signature: \_\_\_\_\_ Date: \_\_\_\_\_