

Name : **Dakota-Norak Open**Site : Norak CrossfitCity : WinnipegDate : 4/10/2022Organizer : Dakota Weightlifting/Norak Crossfit

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Sinclair	Robi
									1	2	3		1	2	3					
M 55																				
	1	0	Chartrand	Emmett	M 55	51.50	Southwest Strength	2012	10	12	15	15	12	15	19	19	34	1	55.551	294.000
	2	0	Whyte	Harold	M 55	34.90	Southwest Strength	2011	10	12	15	15	12	15	(19)	15	30	2	43.204	339.000
M 61																				
M 67																				
	3	0	Vallaga	Alejo	M 67	64.50	Dakota	2000	(85)	(85)	(85)	-	90	(95)	(100)	90	-	-	-	339.000
M 73																				
	2	0	Louttit	Zachary	M 73	71.70	Southwest Strength	2001	97	100	103	103	125	130	(133)	130	233	1	302.699	363.000
	4	0	Cadag	Phillip	M 73	71.90	Hercules	1997	64	67	69	69	73	77	82	82	151	2	195.851	363.000
M 81																				
	1	0	Amurao	Aleck	M 81	77.80	UA	1994	(90)	90	94	94	110	(115)	(120)	110	204	1	262.282	363.000
	7	0	Swanson	Keynan	M 81	80.60	Athlitis Sporting Academy	1999	80	83	86	86	92	97	105	105	191	2	232.766	378.000
	5	0	Lam	Winston	M 81	79.30	Hercules	1999	65	(68)	69	69	84	88	91	91	160	3	196.622	378.000
	6	0	Sinclair	Doug	M 81	79.20	Dakota	1942	40	45	50	50	50	55	60	60	110	4	135.266	378.000
M 89																				
	6	0	Kirkup	Jack	M 89	88.60	Southwest Strength	1999	107	112	(117)	112	148	154	160	160	272	1	316.837	387.000
	3	0	Bottomley	Justin	M 89	86.50	Dakota	1993	95	100	102	102	120	125	130	130	232	2	273.204	387.000
	8	0	Martens	Matt	M 89	88.10	Dakota	1987	90	95	(100)	95	125	132	137	137	232	3	270.930	387.000
	4	0	Elsom	Samuel	M 89	86.90	Dakota	1994	85	90	95	95	115	122	127	127	222	4	260.873	387.000
	5	0	Gowler	Quinton	M 89	84.40	UA	1996	85	(94)	94	94	115	120	126	126	220	5	262.084	387.000
	7	0	LaLeune	Joe	M 89	84.60	Dakota	1989	80	85	90	90	100	108	113	113	203	6	241.559	387.000
	8	0	Gordan	Keith	M 89	86.70	UA	1969	66	(68)	(69)	66	75	79	(87)	79	145	7	170.571	387.000
M 102																				
	11	0	Rodriguez	Nigel	M 102	99.00	Dakota	2002	95	100	105	105	125	132	(137)	132	237	1	263.781	412.000
	10	0	Higham	Mike	M 102	99.80	Dakota	1989	90	(95)	(98)	90	105	110	115	115	205	2	227.484	412.000
	9	0	Chorney	Cameron	M 102	98.30	UA	1993	85	(90)	90	90	102	(109)	(111)	102	192	3	214.267	412.000
M 109																				
	10	0	Pili	Kurt	M 109	100.30	Athlitis Sporting Academy	1995	72	76	80	80	90	95	100	100	180	1	193.844	435.000
M 109																				
	9	0	Garand	Daniel	M 109+	109.00	Dakota	1985	(80)	80	85	85	105	(115)	120	120	205	1	225.697	412.000
	12	0	Alabi	Eniola	M 109	109.30	Hercules	1997	(86)	(89)	89	89	(101)	101	105	105	194	2	208.921	435.000
F 49																				
	1	0	Hong	Nhu	F 49	47.90	UA	1980	(36)	36	(39)	36	50	52	(54)	52	88	1	139.718	210.000
	3	0	Whyte	Lily	F 49	48.50	Southwest Strength	2010	10	12	15	15	12	15	18	18	33	2	51.882	210.000

	2	0	Janzen	Lila	F 49	47.20	Southwest Strength	2011	10	12	15	15	12	15	18	18	33	3	53.014	210.000
F 55																				
	1	0	Parker	Kelly	F 55	54.00	Athlitis Sporting Academy	1996	57	(58)	(58)	57	69	(72)	72	72	129	1	187.150	232.000
	4	0	Waller	Aurora Dawny	F 55	54.40	Dakota	1977	47	50	53	53	65	70	74	74	127	2	183.287	232.000
F 59																				
	2	0	McCauley	Kristen	F 59	58.50	Dakota	1987	57	(60)	60	60	67	70	72	72	132	1	181.294	237.000
	6	0	Petrea	Diana	F 59	58.90	Athlitis Sporting Academy	2005	38	41	43	43	55	58	(61)	58	101	2	138.099	237.000
	5	0	Bjarnarson	Svienna	F 59	58.50	Southwest Strength	2008	15	(18)	18	18	20	(24)	24	24	42	3	57.684	237.000
F 64																				
	4	0	Robak	Nicole	F 64	61.90	Athlitis Sporting Academy	1995	(65)	(65)	(65)	-	77	80	(82)	80	-	-	-	254.000
F 71																				
	5	0	Daigle	Jade	F 71	68.90	UA	1992	56	58	(60)	58	68	71	74	74	132	1	164.300	267.000
	3	0	Putnam	Kira	F 71	65.70	UA	1995	60	(63)	(63)	60	80	82	(84)	82	142	2	184.350	267.000
F 76																				
	6	0	Holland	Erica	F 76	73.60	Athlitis Sporting Academy	1999	(60)	60	63	63	76	79	83	83	146	1	175.557	274.000
	7	0	Kennedy	Meaghan	F 76	74.70	Dakota	1992	25	30	(35)	30	35	40	45	45	75	2	89.522	274.000
	8	0	Poettcker	Denise	F 76	74.10	Dakota	1972	(49)	(49)	(49)	-	60	63	66	66	-	-	-	274.000
F 81																				
	7	0	Gagnon	Marie-Jeane	F 81	78.60	UA	1997	60	63	66	66	(82)	87	90	90	156	1	181.773	283.000
	8	0	Green	Jana	F 81	79.60	UA	1980	55	(58)	58	58	69	72	(75)	72	130	2	150.614	283.000
F 87																				
	9	0	Piel-Glade	Linsey	F 87	84.10	UA	1987	66	69	72	72	82	84	87	87	159	1	179.919	294.000
F 87+																				
	9	0	Anderson	Christy	F 87+	96.60	UA	1979	41	43	45	45	56	(59)	59	59	104	1	116.103	294.000

Announcer _____ Marshal _____ Timekeeper _____ Controller _____

Referee 1 _____ Referee 2 _____ Referee 3 _____

Jury _____